

# FUSION NEWS

ALL ABOUT THE BASKETBALL WORLD WE LIVE IN

EXCLUSIVE SEPT 2015 ISSUE

## Jersey Fusion Elite's Summer Class of 2015 BATTLE READY ATHLETES

### What does it mean to be Battle Ready?

- >Outstanding commitment to Jersey Fusion by attending programs & workouts 4 times/week minimum for the whole season.
- >All athletes are involved with personal training, group training, or in some cases both.
- >Outstanding dedication to their individual games by spending countless hours outside of our required workouts practicing on their own
- >Athletes have shown significant improvement in their games - individually and in a team setting.
- >Players had to also show this growth in actual game situations
- >All coaches had to vote unanimously on each athlete chosen

**Congratulations to our 1<sup>st</sup> Class  
of 'Battle Ready' Athletes**  
**Chris Sayuk, Olivia Palmer,**  
**Harrison Stern, Grace**  
**Meehan, Jake Broad and**  
**Cassandra Cavanagh**



Meet the Team (Top Left) Chris Sayuk, Olivia Palmer and Harrison Stern  
(Bottom Left) Grace Meehan, Jake Broad and Cassandra Cavanagh

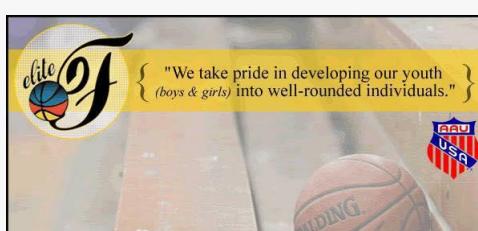
"I am very proud of this group and honored to have each one representing my organization. A special thank you to each athlete's parents for trusting us and being so loyal."

Words from Fusion Elite Director Coach Frost

### Our Mission

Our mission is to teach athletes that take part in our programs the fundamentals of the game, through repetition, discipline and proper technique. The core goal of the coaches is to encourage our student athletes to strive for excellence in all aspects pertaining to basketball and life.

Our philosophy, great basketball players aren't born, they are developed.





**Harrison Stern  
11 years old**

How long have you been playing basketball? 4 years  
Favorite Color- Orange  
Favorite Book- Charlie and the Chocolate Factory  
Favorite TV Show - NBA  
How to you feel about being named Fusion Battle Ready? I am ready and it's really cool to be named Battle Ready!  
What does basketball mean to you? It means a lot to me. It's my favorite sports and when I have nothing else to do all I can think about is playing.  
What Motivates You? To becoming one of the best basketball players

**Grace Meehan  
7<sup>th</sup> Grade**

How long have you been playing basketball? 3 years  
Role Model- Fusion coaches  
Favorite Color- Red  
Favorite TV Show - Criminal Minds  
Favorite Team- Fusion  
How to you feel about being named Fusion Battle Ready? Great, Excited!  
What does basketball mean to you?  
Everything... it's my passion  
What Motivates You?  
Trying to show I can do anything and my coaches help me remain confident.

**Christopher Sayuk  
11 yrs old**

How long have you been playing basketball- Since I was 2 years old  
Role Model- Steph Curry  
Favorite Color- Blue  
Favorite Movie- Like Mike too  
Favorite Team- Lakers  
How to you feel about being named Fusion Battle Ready? Great  
What does basketball mean to you? Means a lot, I can help my teammates become better players and I can try to become a great player for my coaches.  
What Motivates You?  
Basketball motivates me

**Olivia Palmer  
12 years old**

How long have you been playing basketball? 4 years  
Role Model- Steph Curry  
Favorite Color- Turquoise  
Favorite Book- The Maze Runner  
Favorite Show- One Tree Hill  
How to you feel about being named Fusion Battle Ready? Great and it's an honor  
What does basketball mean to you? The World  
What Motivates You? My Fusion coaches

## FUSION 6- BATTLE READY SQUAD



**Cassandra  
Cavanagh  
12 years old**

How long have you been playing basketball? Since 1<sup>st</sup> Grade  
Role Model- Fusion Coaches  
Favorite Color- Blue  
Favorite Book-The Harry Potter Series  
Favorite Movie- Once Upon a Time  
Favorite Team- Fusion  
How to you feel about being named Fusion Battle Ready? Pumped  
What does basketball mean to you? Something I love to do and I want to do all the time  
What Motivates You? My passion for basketball

**Jake Broad  
9 years old**

How long have you been playing basketball? 4.5 years  
Role Model- Coaches  
Favorite Color- Blue  
Favorite Book- My Weird School Series  
Favorite Team- Fusion  
How to you feel about being named Fusion Battle Ready?  
Awesome...Pretty Good!  
What does basketball mean to you? To play hard and work harder  
What Motivates You?  
Playing hard

When we started Jersey Fusion years ago we came up with the concept of 'R U Battle Ready?!'. As former athletes ourselves, we know that only a small percentage of athletes are willing to go to battle and put in the countless hours of practice it takes to work towards achieving their goal of playing at the next level. There are an endless number of athletes who aspire to play basketball at the next level (no matter what level it is being making the middle school team, an AAU team, a HS team, playing in college or beyond) but only a few that actually have what it takes. These 6 Athletes have proven that they are BATTLE READY! CONGRATS!

